

## **Travel Check List**

Purpose of the trip	Supervision and staffing
□ Competition □ Training □ Social □ Other (specify) □ Combination, please state:	□ Ratio of staff to students □ Male/female □ Cover for all in-sport and free time periods. □ Specialist carers □ Clear responsibilities
Planning	Documentation
<ul> <li>□ When.</li> <li>□ Where</li> <li>□ Who (staff / volunteers / participants)</li> <li>□ Risk assessment of activity</li> </ul>	□ Travel tickets. □ Passports, visas □ Check non-EU nationals □ Accommodation and travel booking documents
Communication with parents	
<ul> <li>□ Destination and accommodation details (address / telephone)</li> <li>□ Name/number of lead School/School link or team manager</li> <li>□ Drop off/pick up times</li> <li>□ Transport arrangements</li> <li>□ Competition details</li> </ul>	Insurance  □ Liability □ Accident □ Medical  Hosting or being hosted
<ul> <li>□ Competition details</li> <li>□ Kit and equipment list</li> <li>□ Emergency procedures, home contact</li> <li>□ Consent form</li> <li>□ Information re medical conditions (including allergies) or impairments, and medication □ Martial Arts Code of conduct</li> <li>□ Safeguarding arrangements (reporting concerns, supervision etc.)</li> <li>□ Process for parent contacting coach or young person</li> <li>□ Process for young person contacting parent</li> </ul>	□ Hosts vetted □ Hosts aware of any special requirements □ Language □ Transport arrangements □ Telephone contact □ Local map and information  Emergency procedures
Transport  Drop off/pick up times Journey times and stopping points Supervision Suitability and accessibility Drivers checked Insurance  Accommodation	□ First aid □ Specific medical information available □ Access to and administration of medication □ Information on local emergency medical services, hospitals etc. □ EHIC European Health Insurance Card (replacement for E111) form completed (EU visits). Further information: www.nhs.uk/Healthcareabroad □ Details of British embassy/consulate
□ Type (hotel, hostel, hosting, camping etc.) □ Pre-event visit and risk assessment made □ Catering, special diets, food allergies □ Suitability for group, including accessibility □ Room lists □ Supervising adults' sleeping arrangements  Preparing Athletes	Costs and cash  For travel Payment schedule – deposit, staged payment Extra meals, refreshments Spending money Security
<ul> <li>□ Local culture, language</li> <li>□ Expectations on dress and behaviour</li> <li>□ Food and drink</li> <li>□ Currency</li> <li>□ Telephones</li> <li>□ Maps of area</li> <li>□ Safe sport away information</li> </ul>	Arrival  Check rooms, meal times, phones, valuables  Check sporting venues Collect in money, valuables Information on medications Arrange group meetings Confirm procedures with staff Rules (e.g. curfews)