SESMA Martial Arts UK

Developing Confidence & Self Esteem since 1989

Behaviour Policy

The SESMA Martial Arts Behaviour Policy is designed to support the way in which all members of SESMA can live learn and work together in a safe, secure and caring environment. All staff at SESMA Martial Arts have high expectations of children's behaviour in order that every child achieves their full potential. We believe that everybody in school has the right to;
feel safe, learn, develop and progress, be treated with respect and fairness.

We expect all members of the SESMA Martial Arts community to play a part in fostering these values.

Children: knowing how they are expected to behave and knowing the consequences of their behaviour

Staff: presenting good role-models of behaviour and managing behaviour in a fair and consistent manner

Parents: upholding the policy and working in partnership with SESMA Martial Arts

Equality Expectations for all: We expect every member of SESMA Martial Arts community to show respect for all people and cultures. We treat all children fairly regardless of gender, ethnic background, faith, age or ability and apply this policy in a consistent way.

Our Behaviour Policy has learning together at its core and as such strives to foster behaviours which support learning for all members of our club. It acts as a means of promoting good relationships so that staff and children can learn play and work together in a cohesive, caring and considerate way

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At SESMA Martial Arts we recognise that the development and maintenance of outstanding pupil behaviour depends upon a number of interlinked factors. The approach we have adopted is to encourage positive behaviour by progressively tackling all those factors that influence this development. It is the responsibility of all staff to work actively on all of the key factors below, both in their own Dojo and around the studio as a whole.

These factors include:

- The provision of a relevant, motivating and challenging lesson plan in every class
- A tidy, clean and stimulating physical environment that is organised so resources are accessible to children in order to enhance their learning
- A positive ethos throughout the SESMA Martial Arts where the adults model excellent behaviour towards children and each other
- The involvement of pupils in reviewing their own learning and behaviour
- Strong, consistent and shared routines
- A fair and consistently applied strategy for responding to unacceptable behaviour
- A sense of community involving pupils, parents and the instructors, where all are treated with respect
- SESMA Martial Arts aims to help our children to become positive, responsible and increasingly independent members of the SESMA Martial Arts and wider community; as such, our approach to behaviour is centred around the following behaviours for learning.
- **• Listen well and be respectful**
- **• Use helpful talking**
- **• Get better at sharing**
- **• Make others happy**
- **• Be a learning friend**
- **• Try your best**
- **• Everyone joins in**

Rewards and Celebration:

We believe that the most effective way of achieving our aim is to praise and encourage positive behaviours. Instructors may reward and work towards reinforcement of these positive behaviours in a number of ways. Examples of such behaviour will be celebrated in and out of the Dojo, social media and messages home. The Senior Instructors will also issue positive notes to celebrate children who demonstrate positive learning behaviours.

Reminders and Consequences:

At SESMA Martial Arts we use a number of reminders and then consequences to enforce our learning behaviours and to ensure a safe and positive learning environment. We have high expectations of our children's behaviour and strive to ensure that all children work to the best of their ability. Each instructor regularly discusses the positive behaviours they are looking for and the consequences for inappropriate choice making.

Reminders:

Some children will require a reminder to maintain positive behaviour and the staff at SESMA Martial Arts will select a reminder appropriate to the situation. These may include:

- Quiet reminders – this may involve a look, or a little sign from the instructor, e.g. putting a finger to their lips to indicate non-talking time
- Children may be asked to move to a place nearer the instructor or alone for short periods of time within the Dojo
- Proximity praise, this means praising children who are near to the 'target child' for their good behaviour, which encourages the target child to copy their behaviour
- Verbal reminders using a positive instruction

Consequences:

- When detrimental or negative behaviours are exhibited, a series of consequences may be used progressively and appropriately to each individual situation. It is expected that good order and a positive climate is maintained.
- At SESMA Martial Arts we expect children to listen carefully to instructions in lessons. If they do not do so, we ask them either to move to a place nearer the instructor, or to sit on their own. We expect children to try their best in all activities.

Severe or Challenging behaviours:

- For children who experience greater difficulties with behaviour, an individual behaviour plan will be put in place. The plan would be negotiated between parents and the Senior Instructors.
- The aim is always to improve the behaviour of the child; care is taken to ensure that the child understands that it is the behaviour which is not acceptable, and not him/herself. Incidents are to be logged and shared with the Senior Instructor.
- If , despite continued support the behaviour persists, or a serious incident occurs that constitutes a safety risk to children or staff, the Senior Instructor may consider excluding the child from SESMA Martial Arts. This would be when all other support and strategies have been instigated.